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Davis Shambhala Meditation Center

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PLEASE Do Not Discard

September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00 AM Meditation 7:00 PM Field of Warriorship: Social Meditation 7:00 PM Introduction to Meditation	2 7:00 AM Meditation 8:00 PM Shambhala After Dark/Young Meditators' Night	3 7:00 AM Meditation	4 7:00 AM Meditation	5 9:00 AM Sensory Awareness
6 9:00 AM Meditation 9:00 AM Davis Shambhala Children's Program	7 7:00 AM Meditation	8 7:00 AM Meditation 7:00 PM Field of Warriorship: Social Meditation 7:00 PM Introduction to Meditation	9 7:00 AM Meditation 8:00 PM Shambhala After Dark/Young Meditators' Night	10 7:00 AM Meditation 7:00 PM Celebrating Goodness and Wisdom: Feast Practice in Shambhala Vajrayana	11 7:00 AM Meditation	12 8:30 AM Shambhala Training Level 1
13 8:30 AM Shambhala Training Level 1 9:00 AM Meditation 7:00 PM Sadhana of Mahamudra	14 7:00 AM Meditation 7:00 PM Song-ha (Sangha Music Circle) 7:00 PM Sadhana of Mahamudra Study Group	15 7:00 AM Meditation 7:00 PM Introduction to Meditation 7:00 PM Field of Warriorship: Social Meditation	16 7:00 AM Meditation 8:00 PM Shambhala After Dark/Young Meditators' Night	17 7:00 AM Meditation 7:00 PM Celebrating Goodness and Wisdom: Feast Practice in Shambhala Vajrayana	18 7:00 AM Meditation	19 9:00 AM Sensory Awareness 4:30 PM Shambhala Writers Group
20 9:00 AM Davis Shambhala Children's Program 10 AM Meditation 9:00 AM Harvest of Peace	21 7:00 AM Meditation 7:00 PM Sadhana of Mahamudra Study Group	22 7:00 AM Meditation 7:00 PM Field of Warriorship: Social Meditation 7:00 PM Introduction to Meditation	23 7:00 AM Meditation 8:00 PM Shambhala After Dark/Young Meditators' Night	24 7:00 AM Meditation 7:00 PM Celebrating Goodness and Wisdom: Feast Practice in Shambhala Vajrayana	25 7:00 AM Meditation 7:00 PM Fearlessness in Everyday Life	26 8:30 AM Fearlessness in Everyday Life
27 8:30 AM Fearlessness in Everyday Life 9:00 AM Meditation	28 7:00 AM Meditation 6:00 PM Sadhana of Mahamudra 7:00 PM Sadhana of Mahamudra Study Group	29 7:00 AM Meditation 7:00 PM Introduction to Meditation 7:00 PM Field of Warriorship: Social Meditation	30 7:00 AM Meditation 8:00 PM Shambhala After Dark/Young Meditators' Night			

Legend: single day event multi-day program weekly class recurrent event featured

44/48 57/63 61/56 35/36 50/51 = 247/254

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