

Shambhala Center of Lexington
Council Meeting Minutes
3/4/2014

Present: Lucia Gilchrist, Susan Smith-Sargent, Judith Broadus, Cheryl Coovert (scribe)

Briefly discussed Shambhala Day festivities and events.

Lucia reminded us about the upcoming meeting this Saturday at noon (Expansion meeting)

Study

Susan reported she has teachers and dates for the upcoming vow classes. Discussed bringing in Paul Shippee for a program on nonviolent communication but would like to do that in association with other events such as a children's program, possibly October 25. Might have to move another class date to accommodate this program. she mentioned that Jill Scott said these classes, if done on a weekend, should cover the entire weekend.

Susan is working on planning for the next year. Adele had asked to teach a contemplative art class in April, but that conflicted with the Bodhisattva Vow program. Susan will need to recruit a person who can work with Adele. She mentioned Karl Lindstrom, who has been working with Elizabeth Shatner, as a possibility, or Paula Kristofik. Judith mentioned that Donna Hall has also volunteered to work with the elderly (and is also an artist). Perhaps we could expand Adele's program to be part of an art festival.

Lucia has discussed publicity ideas with Doraine Bailey and would like her to write these down for proposal to council. She mentioned a wish to have more Buddhist Studies classes. Judith mentioned Mary Whetsell is interested in teaching a special program on Amrita. Judith mentioned a teacher she would like to teach a program on dying, and Lucia would like to invite Jim Sacamano again.

Richard John has sent his picture and a program writeup for his next visit. We will be emailing our notice to other centers. Publicity was discussed for this program - does it have prerequisites or can it be publicized to the public? Randy will be maha-coordinator for this event.

Judith

Would like to purchase some sort of recliner for people who cannot sit long at programs. The group discussed what type of chair would be possible, and perhaps a folding type. This will likely cost more than \$108 so will require council approval (or at least two people, such as Neil and Lucia). Lucia explained that sticking to this guideline will help avoid spur-of-the-moment purchases and the criticism which can result.

Policy for Mindfully Yours

Programs that are not Shambhala should not take up large space. Cheryl prefers to post a small piece of info and a link. Lucia approves this - basically two lines of info, a contact person and a link. People wanting items posted will be advised to provide the desired text and links to save

time. [Action: reword the sidebar in MY to state this clearly]

Next meeting: first tuesday in May