



Holiday Gift Drive 2015

The Portland Shambhala Meditation Center invites the entire community to participate in our gift drive for homeless children.

Your gift will be added to those our children offer as part of Children's Day and donated to [Human Solutions](#) for distribution. We'd like to offer a gift to every child in the Family Winter Shelter.

If you are unable to give a physical gift, HumanSolutions also welcomes your generosity in time as meal providers and meal preparers during the holiday season. Please call their number for more details: 503-548-0200

WHEN YOU CAN DROP OFF A GIFT:

Please bring a wrapped gift to the Shambhala Center no later than **Tue, Dec 15th** for distribution by Home Solution on Dec 17th. Children's Day & Winter Solstice Celebration is on the 19th.

The Shambhala Center office hours are Tue & Thu: 4-8pm, 1st & 3rd Sun: 11:30am-3:30pm. The last day to drop items off will be December 15th.

Toys & Art Supplies

- Coloring Books & Crayons
- Drawing pads & Colored Pencils
- Scissors & Constructions Paper
- Non-toxic Markers & Colored Pens
- Water based paints
- Arts & Crafts Kits
- Paper Dolls
- Story Books
- Books (non-violent & non-religious)
- Learning Toys- like Legos
- Games & Puzzles
- Toy Musical Instruments
- Family Board Games
- Cars & Trucks
- Dinosaurs & Non-Violent Action Figures
- Sports Equipment soccer, basket or footballs, skateboards
- Bike Helmets
- Basketballs
- Crib Mobiles
- Baby Toys
- New stuffed animals

"A generous heart, kind speech, and a life of service and compassion are the things which renew humanity." -- Buddha

GIFT GUIDELINES

Please avoid gifts like video games and dvds that imply the recipient has a tv, electricity, and a roof over their head. If you offer something that is battery operated, please include the batteries. In order to facilitate your offering going to the appropriate child, please label it but do not wrap it:

- To a child (or a boy or a girl) of ____years (fill in the age appropriate for the gift)
- To a baby
- To a mother to be

Items most requested currently:

For families transitioning out of homelessness: Warm jackets, hoodies, sweaters, and sweatshirts for older children. Dish sets, pots and pans, new bedding, new blankets, new tupperware sets, new towel sets.

For families in homeless shelters: new or gently used clean blankets and pillows are needed.

Baby Clothing & Supplies

Should be new and washable

- Diapers and Pull-Ups in all sizes
- Baby Formula
- Baby Powder (individual travel size)
- Baby Wipes (individual travel size)
- Blankets
- Onesies / Body Suits
- Knit pull-on pants & tops
- Hats & Caps

Children & Teen Clothing

Should be new and washable

- Gift Certificates for Old Navy, Gap, Fred Meyer, Target, Starbucks, Burgerville, Regal Cinema, in increments of \$10
- Winter Coats, Hoodies, Hats, Gloves & Scarves
- Sleepwear (pajama's, sweat pants, long sleeve t-shirts; knit shirts)
- Sweat Pants & Sweat Shirts
- Undergarments for boys and girls
- Shirts & Sweaters
- Warm Socks & Boots
- Backpacks & Umbrellas

