

Shambhala Biography

Wendy Friedman

Director

Shambhala Office of Culture and Decorum

Wendy Friedman was raised in the Shambhala sangha, along with her 3 sisters. In 1985, she was conferred the title of Sangyum by the Druk Sakyong, making her a member of his family. She has worked for many years on Shambhala protocols and major events. She worked as a coordinator for Blossoming of the Sun (the Sakyong and Sakyong Wangmo's wedding), the Sakong Wangmo Empowerment and many holidays and programs. In her professional life, Wendy has worked in the US and Canadian fashion industries as a buyer, manager and designer. In 2009, Wendy was appointed by the Sakyong and Sakyong Wangmo as Director of the Shambhala Office of Culture and Decorum. She lives in downtown Halifax with her husband, Benny, where she owns a fashion and lifestyle boutique.